

Eleni-Alexandra Kontou TPPC 3 May 2023



For students: focal points and how to find them	Introduction	The classical theorems	Weakened conditions	The smeared null energy condition	Conclusions
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# For students: focal points and how to find them

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# Focal points



Timelike geodesic normal to spacelike hypersurface S

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# Focal points



Timelike geodesic normal to spacelike hypersurface S

#### Focal point

A geodesic issuing normally from a spacelike hypersurface S and is continued past a focal point no longer locally extremizes length.

#### 

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Timelike geodesic normal to spacelike hypersurface S

#### Focal point

A geodesic issuing normally from a spacelike hypersurface S and is continued past a focal point no longer locally extremizes length.



- N: focal point
- AN equal to A'N
- ► ANB longer than A'CB

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#### Problem

Maximise proper time among timelike curves joining surface S to point q.

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Consider an 1-parameter family of smooth curves  $\gamma_s: [0, \tau] \to M$ 

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ightarrow M$ 

$$U^{\mu} = rac{\partial \gamma^{\mu}_{s}}{\partial t}, \qquad V^{\mu} = rac{\partial \gamma^{\mu}_{s}}{\partial s}$$



$$L[\gamma] = \int_0^\tau |\dot{\gamma}(t)| \, dt, \qquad |\dot{\gamma}(t)| = \sqrt{g_{\mu\nu} \dot{\gamma}^{\mu} \dot{\gamma}^{\nu}} \\ \quad < \Box \succ < \Box \succ < \Xi \succ < \Xi \succ \qquad = 0 \text{ or } q_{4/38}$$

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The first variation of length

$$\left.\frac{dL[\gamma_s]}{ds}\right|_{s=0} = 0$$

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The second variation of length (index form)

$$I[V] = \left. \frac{d^2 L[\gamma_s]}{ds^2} \right|_{s=0}$$

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Whether  $\gamma$  is, or is not, a local maximum of the length functional, amounts to the absence, or presence, of a focal point.

# Focal point test $I[V] \ge 0$ for some $V^{\mu} \Longrightarrow \exists$ focal point in $(0, \tau]$

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Null geodesics

Problem 1 L does not vary smoothly for all causal curves

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Energy or action integral

$$E[\gamma] = rac{1}{2} \int_0^\ell g(\gamma'(\lambda), \gamma'(\lambda)) d\lambda$$

# Null geodesics

Problem 1 L does not vary smoothly for all causal curves

Energy or action integral

$$E[\gamma] = rac{1}{2} \int_0^\ell g(\gamma'(\lambda), \gamma'(\lambda)) d\lambda$$

The Hessian

$$\mathbf{H}[V] \equiv \frac{d^2 E[\gamma_s]}{ds^2}\Big|_{s=0}$$

Problem 2 How do we measure length? Fix parametrization on the hypersurface



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# Outline

For students: focal points and how to find them

Introduction

The classical theorems

Weakened conditions

The smeared null energy condition

Conclusions

Based on: 1907.13604, 2012.11569 and 2303.06788

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# Introduction

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# Motivation

 Classical relativity theorems: powerful predictions under general assumptions

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# Motivation

- Classical relativity theorems: powerful predictions under general assumptions
- These assumptions are usually violated in the semiclassical regime: quantum field effects become important

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- Classical relativity theorems: powerful predictions under general assumptions
- These assumptions are usually violated in the semiclassical regime: quantum field effects become important

#### Question

Which classical relativity theorems still hold in the semiclassical regime and what are the new assumptions?

#### Singularity theorems

Predict the existence of singularities: a spacetime is singular if it possesses at least one incomplete geodesic.

## Singularity theorems

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#### Hawking area theorem

The area of the black hole horizon cannot decrease over time.

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Predict the existence of singularities: a spacetime is singular if it possesses at least one incomplete geodesic.

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#### Hawking area theorem

The area of the black hole horizon cannot decrease over time.



Is the area theorem always violated semiclassically? Why?

Is there a weaker version of the theorem obeyed by quantum fields?

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# The classical theorems

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#### 1. The initial or boundary condition

There exists a trapped surface (null geodesics)



#### 2. The energy condition

Restriction on the stress-energy tensor expressing "physical" properties of matter.

Null geodesics: Null energy condition (NEC)  $U^{\mu}$ : null vector

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Physical form	Geometric form	Perfect fluid
$T_{\mu u}U^{\mu}U^{ u}\geq 0$	$R_{\mu u} U^\mu U^ u \geq 0$	$\rho + P \ge 0$

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#### 3. Causality condition

There is a Cauchy surface: spacelike hypersurface which intersects causal geodesics once and only once

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## Proof structure

- 1. Initial condition: Geodesics start focusing
- 2. Energy condition: Focusing continues
- 3. Causality condition: No focal points
- $\Rightarrow \text{Geodesic incompleteness}$

#### 1. Causality condition

The spacetime is strongly asymptotically predictable:

- No naked singularities
- Asymptotically flat
- There is an area with Cauchy surfaces

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The spacetime is strongly asymptotically predictable:

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Black hole: Area II (no null infinity) Event horizon: the boundary

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2. The energy condition

The null convergence condition:  $R_{\mu
u}U^{\mu}U^{
u}\geq 0$ 

#### 2. The energy condition

The null convergence condition:  $R_{\mu\nu}U^{\mu}U^{\nu} \ge 0$ 

#### Proof structure

- 1. Assume the area of the horizon decreases: the null geodesics normal to the horizon are focusing
- 2. Energy condition: Focusing continues
- 3. Causality condition: No focal points
- $\Rightarrow$  The area of the horizon cannot decrease
## Focal points

#### Definition

Let P be a co-dimension 2 spacelike submanifold and let  $\gamma$  be a causal geodesic normal to P. Then a focal point on  $\gamma$  is a point where the causal geodesic no longer extremizes the action integral.

## Focal points

#### Definition

II<sup>µ</sup>:shape tensor

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Energy or action integral



## Focal points

#### Definition

Let P be a co-dimension 2 spacelike submanifold and let  $\gamma$  be a causal geodesic normal to P. Then a focal point on  $\gamma$  is a point where the causal geodesic no longer extremizes the action integral.

Energy or action integral



First derivative

II<sup>µ</sup>:shape tensor

$$\frac{dE[\gamma_s]}{ds}\Big|_{s=0} = 0$$

The Hessian

$$\mathbf{H}[V] \equiv \frac{d^2 E[\gamma_s]}{ds^2}\Big|_{s=0}$$

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# Focusing theorem

$$\mathbf{H}[V] = \int_{0}^{\ell} \left[ (\nabla_{U} V_{\mu}) (\nabla_{U} V^{\mu}) + R_{\mu\nu\alpha\beta} \underbrace{U^{\mu}}_{\text{variation}} V^{\alpha} U^{\beta} \right] d\lambda - U_{\mu} \mathbb{I}^{\mu} (V, V) \Big|_{\gamma(0)}$$

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#### Focusing theorem

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Let  $e_i$  with i = 1, ..., n-2 be a tetrad basis on P, and parallel transport them along  $\gamma$  to generate  $\{E_i\}_{i=1,...,n-2}$ . Then, take f a smooth function with f(0) = 1 and  $f(\ell) = 0$  and sum over i

$$\sum_{i=1}^{n-2} \mathbf{H}(f E_i, f E_i) = -\int_0^\ell \left( (n-2) f'^2(\lambda) - f^2 R_{\mu\nu} U^{\mu} U^{\nu} \right) d\lambda - (n-2) f^2 U_{\mu} \mathrm{H}^{\mu} \Big|_{\gamma(0)}$$

 $H^{\mu}=1/(n-2)\sum_{i=1}^{n-2} \mathbb{I}^{\mu}(E_i,E_i)$  is the mean normal curvature vector field of P

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Condition for the existence of focal points

- ▶ No focal point before q: H[V] > 0 for all V
- Focal point before q:  $\mathbf{H}[V] < 0$  for some V

## The Penrose singularity theorem

#### Theorem

- (i) M is globally hyperbolic with non-compact Cauchy hypersurfaces and P is a compact achronal smooth spacelike submanifold of M of co-dimension 2
- (ii) Let  $\gamma$  be a null geodesic emanating normally from P with tangent vector  $U^\mu$  and let everywhere on  $\gamma$

$$R_{\mu
u}U^{\mu}U^{
u}\geq 0$$

(iii) For the mean normal curvature vector field  $H^{\mu} = H\hat{H}^{\mu}$  we have H < 0  $\Rightarrow$  Then  $\gamma$  is incomplete and has length less than  $\ell = 1/|H|$  where the affine parameter is fixed by requiring  $H^{\mu}d\gamma_{\mu}/d\lambda = 1$  on P.

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Condition for the formation of a focal point

$$\int_0^\ell \left( (n-2)f'(\lambda)^2 - f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu} \right) d\lambda \leq -(n-2)H$$

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$$\int_0^\ell \left( (n-2)f'(\lambda)^2 - \overbrace{f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu}}^+ \right) d\lambda \le -(n-2)H$$

▶ Null convergence condition  $R_{\mu\nu}U^{\mu}U^{\nu} \ge 0$ 

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Condition for the formation of a focal point

$$\int_0^\ell \left(\overbrace{(n-2)f'(\lambda)^2}^{(n-2)/\ell} - \overbrace{f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu}}^+\right) d\lambda \le -(n-2)H$$

- ► Null convergence condition  $R_{\mu\nu}U^{\mu}U^{\nu} \ge 0$
- Choose a function  $f(\lambda) = 1 \lambda/\ell$

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#### Condition for the formation of a focal point

$$\int_0^\ell \big(\overbrace{(n-2)f'(\lambda)^2}^{(n-2)/\ell} - \overbrace{f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu}}^+ \big) d\lambda \leq \overbrace{-(n-2)H}^{(n-2)|H|}$$

- ▶ Null convergence condition  $R_{\mu\nu}U^{\mu}U^{\nu} \ge 0$
- Choose a function  $f(\lambda) = 1 \lambda/\ell$
- Trapped surface H < 0
- $\Rightarrow$  Focal point for  $\ell \geq 1/|\textit{H}|$

Condition for the formation of a focal point

$$\int_0^\ell \Big(\overbrace{(n-2)f'(\lambda)^2}^{(n-2)/\ell} - \overbrace{f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu}}^+ \Big) d\lambda \leq \overbrace{-(n-2)H}^{(n-2)|H|}$$

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- Choose a function  $f(\lambda) = 1 \lambda/\ell$
- Trapped surface H < 0</p>
- $\Rightarrow$  Focal point for  $\ell \geq 1/|{\it H}|$

Condition (i) implies the P-normal null geodesics have no focal points and thus they have length at most  $\ell.$ 

### The Hawking area theorem

#### Theorem

- (i) *M* is
   strongly asymptotically predictable
   (ii) Evenwhere on *M* and for all null
- (ii) Everywhere on M and for all null vectors  $U^{\mu}$

 $R_{\mu
u}U^{\mu}U^{
u}\geq 0$ 



Let  $\Sigma_1$  and  $\Sigma_2$  be spacelike Cauchy surfaces for the globally hyperbolic region  $\tilde{V}$  such that  $\Sigma_2 \subset I^+(\Sigma_1)$ , and given H the event horizon we define

$$\mathscr{H}_1 = H \cap \Sigma_1, \qquad \mathscr{H}_2 = H \cap \Sigma_2.$$

Then the area of  $\mathscr{H}_2$  is greater or equal than the area of  $\mathscr{H}_1$ .

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$$\int_0^\ell \big(\overbrace{(n-2)f'(\lambda)^2}^{(n-2)\ell} - \overbrace{f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu}}^+ \big) d\lambda \leq -(n-2)U_{\mu}H^{\mu}$$

- Null convergence condition  $R_{\mu\nu}U^{\mu}U^{\nu} \ge 0$
- Choose a function  $f(\lambda) = 1 \lambda/\ell$ If  $U_{\mu}H^{\mu} < 0$  for  $\mathscr{H}_1$  we have a focal point for  $\ell \ge 1/|U_{\mu}H^{\mu}|$ .

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$$\int_0^\ell \big(\overbrace{(n-2)f'(\lambda)^2}^{(n-2)/\ell} - \overbrace{f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu}}^+ \big) d\lambda \le -(n-2)U_{\mu}H^{\mu}$$

 Null convergence condition R<sub>µν</sub> U<sup>µ</sup> U<sup>ν</sup> ≥ 0
 Choose a function f(λ) = 1 − λ/ℓ If U<sub>µ</sub>H<sup>µ</sup> < 0 for ℋ<sub>1</sub> we have a focal point for ℓ ≥ 1/|U<sub>µ</sub>H<sup>µ</sup>|.

Condition (i) implies there are no focal points on the null generators so  $U_{\mu}H^{\mu}\geq 0.$ 

$$\delta_{\mathcal{U}}\mathcal{A}_{\mathscr{H}_{1}}=\int_{\mathscr{H}_{1}}\mathrm{H}^{\mu}\mathcal{U}_{\mu}\geq0$$

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# Weakened conditions

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#### Problem

All pointwise energy conditions are violated by quantum fields

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All pointwise energy conditions are violated by quantum fields

#### QFT

Quantum energy inequalities (QEIs) introduce a restriction on the possible magnitude and duration of any negative energy densities or fluxes within a quantum field theory.

Example of a QEI (bound on energy density in Minkowski spacetime)

$$\int dt \, f^2 \langle : T_{\mu
u} U^\mu U^
u : 
angle_\omega \geq -rac{1}{16\pi^2} \int f''(t)^2 dt$$

[Ford, Roman, 1995], [Fewster, Eveson, 1998]

#### Problem

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$$\frac{1}{t_0}\int dt\,f^2\langle:T_{\mu\nu}\,U^\mu\,U^\nu:\rangle_\omega\geq-\frac{C}{t_0^4}$$

[Ford, Roman, 1995], [Fewster, Eveson, 1998]

Weakened condition inspired by QEIs

$$\int f(t)^2 R_{\mu\nu} U^{\mu} U^{\nu} dt \ge -Q_m \|f^{(m)}\|^2 - Q_0 \|f\|^2$$

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### The rest of the talk

- 1. Singularity theorems with weakened conditions inspired by QEIs
- 2. A null QEI: the smeared null energy condition
- 3. Semiclassical theorems and applications: evaporating black holes

## Singularity theorems with weaker conditions

Theorem [Fewster, E-AK, 2019]

(i) Energy condition

$$\int_0^\ell f(\lambda)^2 \overbrace{\mathcal{R}_{\mu
u}U^\mu U^
u}^
ho d\lambda \geq -Q_m \|f^{(m)}\|^2 - Q_0 \|f\|^2$$

and Scenario 1:  $\rho \ge \rho_0$  for  $[0, \ell_0]$ : NEC obeyed after we measure H or Scenario 2:  $\rho < -\rho_0$  for  $[-\ell_0, 0]$ : NEC violated before we measure H

- (ii) Initial condition:  $H \leq -\nu(Q_m, Q_0, \ell_0, \ell, \rho_0)$
- (iii) Causality condition: There exists a non-compact Cauchy surface.
- $\Rightarrow$  The spacetime is null geodesically incomplete.

Condition for the formation of a focal point

$$\int_0^\ell \left( (n-2)f'(\lambda)^2 - f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu} \right) d\lambda \le -(n-2)H, f(0) = 1, f(\ell) = 0$$

Energy condition

$$\int_0^\ell f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu} d\lambda \ge -Q_m \|f^{(m)}\|^2 - Q_0 \|f\|^2, f(0) = f(\ell) = 0$$

Condition for the formation of a focal point

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Energy condition

 $\int_0^\ell (\phi(\lambda)f(\lambda))^2 R_{\mu\nu} U^{\mu} U^{\nu} d\lambda \ge -Q_m \|(\phi f)^{(m)}\|^2 - Q_0 \|(\phi f)\|^2, (\phi f)(0) = (\phi f)(\ell) = 0$ 



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- Pick functions for general m
- Optimize for m = 1

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Pick functions for general m

• Optimize for m = 1

$$H\leq -
u(\mathcal{Q}_m,\mathcal{Q}_0,\ell_0,\ell,
ho_0)$$

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#### Question

What is the weakest energy condition so that the classical area theorem holds?

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#### Observation

We need to have a focal point for  $U_{\mu}H^{\mu}<0$  to conclude the non-decrease of the horizon. Then

$$\int_0^\ell f(\lambda)^2 R_{\mu\nu} U^{\mu} U^{\nu} d\lambda \ge (n-2) \|f'\|^2$$

#### Question

What is the weakest energy condition so that the classical area theorem holds?

#### Observation

We need to have a focal point for  $U_{\mu}H^{\mu}<0$  to conclude the non-decrease of the horizon. Then

$$\int_0^\ell f(\lambda)^2 R_{\mu\nu} U^\mu U^\nu d\lambda \ge (n-2) \|f'\|^2$$

Example of such a condition: Half averaged null energy condition

$$\int_0^\infty R_{\mu\nu} U^\mu U^\nu d\lambda \ge 0$$

[Lesourd, 2017]

Question

What happens if we have a condition inspired by QEIs?

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What happens if we have a condition inspired by QEIs?

Theorem [E-AK, Sacchi, 2023]

(i) Energy condition

$$\int_0^\ell f(\lambda)^2 \overbrace{\mathcal{R}_{\mu
u}U^\mu U^
u}^
ho d\lambda \geq -Q_m \|f^{(m)}\|^2 - Q_0 \|f\|^2$$

and Scenario 1:  $\rho \ge \rho_0$  for  $[0, \ell_0]$ 

(ii) Causality condition: M is strongly asymptotically predictable Then we have a bound on the change of the horizon area

$$\delta_{U}\mathcal{A}_{\mathscr{H}_{1}}=\int_{\mathscr{H}_{1}}\mathrm{H}^{\mu}\,U_{\mu}\geq-\nu(\mathcal{Q}_{m},\mathcal{Q}_{0},\ell_{0},\ell,\rho_{0})\mathcal{A}_{\mathscr{H}_{1}}$$

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# The smeared null energy condition

# Null QEIs

Can we prove a QEI over a null geodesic?

$$\int d\lambda \langle : T_{\mu
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angle_{\omega} f^2(\lambda) \geq -A \int d\lambda f'(\lambda)^2$$

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#### The counterexample

Considered a sequence of vacuum-plus-two-particle states in which the three-momenta of excited modes are unbounded and become more and more parallel to the spatial part of the null vector  $U^{\mu}$ . [Fewster, Roman, 2002]

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#### Idea

In quantum field theory there is often an ultraviolet cutoff  $\ell_{\rm UV}$  which restricts the three-momenta. We can write  $G_N \lessapprox \ell_{\rm UV}^2/N$ .
# The smeared null energy condition

Smeared null energy condition (SNEC) for the minimally coupled scalar field in four dimensional Minkowski spacetime [Freivogel, Krommydas, 2018]

$$\int d\lambda \langle : T_{\mu
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#### What is B?

It is well-motivated to consider  $B \ll 1$ . In order to saturate SNEC, we need to saturate the inequality  $NG_N \lesssim \ell_{\rm UV}^2$ . Not saturated in controlled constructions: the UV cutoff of the theory is far from Planck scale

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- ▶  $\ell_{\rm UV} \approx$  Planck length  $\rightarrow$  *B* order 1  $\rightarrow$  A lot of negative energy allowed
- ▶  $\ell_{\rm UV} \gg$  Planck length  $\rightarrow$  *B* small  $\rightarrow$  A little negative energy allowed

## Null semiclassical singularity theorem

#### Semiclassical Einstein equation

 $8\pi G_N \langle :T_{\mu\nu} : U^{\mu} U^{\nu} \rangle_{\omega} = R_{\mu\nu} U^{\mu} U^{\nu}$ 

# Null semiclassical singularity theorem

#### Semiclassical Einstein equation

$$8\pi G_N \langle : T_{\mu\nu} : U^{\mu} U^{\nu} \rangle_{\omega} = R_{\mu\nu} U^{\mu} U^{\nu}$$

[Freivogel, E-AK, Krommydas, 2020]

(i) Energy condition

$$\int d\lambda f^2(\lambda) R_{\mu
u} U^{\mu} U^{
u} \geq -Q_1 ||f'||^2, \quad Q_1 = 32\pi B$$

and  $R_{\mu\nu}\ell^{\mu}\ell^{\nu} \leq 0$  holds for  $\lambda \in [-\ell_0, 0]$ 

(ii) The mean normal curvature of P satisfies

$$H \leq -\nu(B, \ell_0, \ell)$$

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(iii) There exists a non-compact Cauchy surface.

 $\Rightarrow$  The spacetime is null geodesically incomplete.

### Estimation of the mean normal curvature

#### Toy model of evaporating black holes



Affine distance  $\rightarrow$  Coordinate distance

• 
$$\ell \to yR_s$$

▶  $\ell_0 \rightarrow xR_s$ 

Strategy: compare H of Schwarzschild geometry to  $\nu(B, \ell_0, \ell)$  from theorem

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### Null semiclassical area theorem

Theorem [E-AK, Sacchi, 2023]

(i) Energy condition

$$\int d\lambda f^2(\lambda) {
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u \geq - Q_1 ||f'||^2$$

and  $R_{\mu\nu}U^{\mu}U^{\nu} \ge 
ho_0$  holds for  $\lambda \in [0, \ell_0]$ 

(ii) Causality condition: *M* is strongly asymptotically predictable Then

$$\delta_{\mathcal{U}}\mathcal{A}_{\mathscr{H}_1} = \int_{\mathscr{H}_1} \mathrm{H}^{\mu} U_{\mu} \geq - 
u(B, \ell_0, \ell, 
ho_0) \mathcal{A}_{\mathscr{H}_1}$$

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Evaporation rate for spherical black holes ( $\alpha \sim 2 \times 10^{-4}$ )

$$u_{
m ev} = -rac{1}{M}rac{dM}{dt} = (8\pi)^3 lpha \left(rac{k}{T_{
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Taking  $\ell \to \infty,$  optimizing in  $\ell_0$  and

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we have from the theorem for spherical black holes

$$-rac{\delta_U \mathcal{A}_{\mathscr{H}}}{\mathcal{A}_{\mathscr{H}}} = -rac{1}{M}rac{dM}{dt} \leq 
u_{\mathsf{opt}}(B,T) = rac{2\sqrt{2\pi^3}}{\sqrt{5}}\sqrt{B}\left(rac{k}{\hbar T_{\mathsf{pl}}}
ight)T^2\,.$$

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$$\nu_{ev} = -\frac{1}{M} \frac{dM}{dt} = (8\pi)^3 \alpha \left(\frac{k}{T_{pl}^2 \hbar}\right) T^3, \quad \nu_{opt}(B,T) = \frac{2\sqrt{2\pi^3}}{\sqrt{5}} \sqrt{B} \left(\frac{k}{\hbar T_{pl}}\right) T^2$$

$$- \nu_{ev}$$

$$- \nu_{ev}$$

$$- \nu_{opt}$$

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# Conclusions

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# Conclusions and future work

We can get versions of the classical theorems in semiclassical gravity by replacing pointwise energy conditions with weaker ones

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- We can get versions of the classical theorems in semiclassical gravity by replacing pointwise energy conditions with weaker ones
- Singularities are predicted semiclassically while the area theorem is easily violated by quantum fields

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- Singularities are predicted semiclassically while the area theorem is easily violated by quantum fields

Better null energy conditions? DSNEC

$$\int d^2 x^{\pm} f^2(x^{\pm}) \langle : \mathcal{T}_{--} : \rangle_{\omega} \geq -\frac{\mathcal{N}}{(\delta^+)^{n/2-1} (\delta^-)^{n/2+1}}$$

[Fliss, Freivogel, E-AK, 2021]